The Hair, Beauty and Massage Student Clinic is South Metropolitan TAFE's student-operated training facility.

The clinic enables students to perform a range of remedial massage techniques and treatments in a real-life environment.

The clinic is open Monday, Wednesday and Thursday during school term only in the evenings. These days/times may be subject to change. Please contact us for our current availability.

Bookings are essential!

MURDOCH CAMPUS
130 Murdoch Drive, Murdoch, ground floor T block
Call: 9229 9227
Email: clinic@smtafe.wa.edu.au

Or, make a reservation request online:

@hbmstudentclinics
southmetrotafe.wa.edu.au/campuses/facilities/hbmstudentclinics
Remedial massage is highly effective in reducing muscle tension allowing the body to relax

**Student training**

South Metropolitan TAFE’s remedial massage students are trained over 12 months in order to become competent a remedial therapist. During their training students learn techniques in:

- Deep tissue massage
- Manual lymph drainage
- Myofascial release
- Trigger point practice
- Relaxation massage
- Sports injury and stress management

Students are required to undertake comprehensive assessments on clients and are trained in assisting clients with lifestyle management techniques, such as stretching for postural awareness.

**What can you expect from a remedial massage session?**

A remedial massage is different from other massages. This type of massage is specifically designed to meet the needs of individual clients condition or symptoms. Performed in a private environment, these massage sessions usually last one hour, including individual assessment and massage time.

**Cost:** $30