



Pregnancy Massage Workshop

State ID: S0004P

About this course

This workshop delivers both the theory and practical components that will enable you to safely and confidently provide a full body massage, with specific treatment outcomes for women throughout their pregnancy and during the early months of motherhood.

Industry position statement: It is safe to provide massage to women in all 3 trimesters with referral from GP and therapist to have undergone specific pregnancy massage training. Massage associations recommend that massage therapists have specialised training in pregnancy massage.

This course is ideal for students who are studying or have achieved a Certificate IV in Massage Therapy Practice or Diploma of Remedial Massage and wish to enhance their current skills.

Content

- Gain an understanding of the physiological changes during the trimesters of pregnancy.
- Learn contraindications for massage during pregnancy.
- Learn correct draping & positioning for comfort on the massage table.
- Receive a comprehensive workbook.

Outcomes

- Participants will have a new skill they can include in their massage skill tool box.
- Accrue CPE Points

- Advanced Techniques in Treatments that are not part of massage training.
- Increase skill base to become more employable and/ or offer more service to clients.

2019 Dates

2 day workshop

Friday November 1 - Friday November 8, 2019 (09:00 to 17:00)

Overview

Job opportunities

For information about jobs and pathways, please see <http://joboutlook.gov.au/>

Further study opportunities: